

Your Personal Oral Health Assessment

Would you like your Oral health assessed? Complete an Oral health assessment form to let us know what your teeth and gum concerns are. By answering our questions, we can see what dental risk category you are in and what can be done to help you. We are happy to contact you back with further information and answer your questions.

Please print, complete the form and bring it to your next appointment or alternatively click [here](#) to complete it online.

Name*

Email*

Phone

*Required fields

1. Your main concerns about your teeth and gums... You may tick more than one:

Want straighter teeth

Would like a smile makeover

Would like to improve appearance of front teeth

Chipped front tooth/teeth

Want whiter teeth

Missing teeth

Would like crown/veneer

Replacement crowns or veneers

Interested in Dental implants/bridges/dentures

Want stains removed from teeth

Would like a Dental Hygiene

Other please say..

A little bit about your teeth and gums..

2. How long has it been since you have seen a dentist for a Dental Exam?*

3-6 months

6 months to 1 year

1-2 years

2-4 years

4-6 years

7 years plus

Never visited a dentist

3. How long has it been since your last Dental hygiene?*

3-6 months

6 months to 1 year

1-2 years

2-4 years

4-6 years

7 years plus

Never seen a hygienist

4. Do your gums bleed when you brush?*

Yes

No

Sometimes

5. Do you know if you suffer from gum disease?*

Yes

No

Unsure

6. Do you suffer from any sensitivity?*

Yes

No

7. Are you in dental pain at present? (Pain with eating or drinking hot/cold/sweet)*

Yes

No

If yes please specify

8. Do you have any broken teeth or cavities that you know of?*

Yes

No

Unsure

9. Would you describe your sugar diet intake from drinks and foods (included added sugars to beverages) as:

High

Medium

Low

10. Do you think you may grind or clench your teeth?*

Yes

No

Unsure

11. Are you a smoker?*

Yes

No

Thank you for completing this form. Please bring it with you to your next appointment where the dentist can discuss it with you.